

No.	Pos.	Time	Surname	1st Name	Club	Sex	Age	Grading
204	1	35.00	LAWRENCE	Andrew	Morpeth Harriers	M	22	77.07
182	2	35.55	BUNGAY	Graham	Southampton RC	M	42	78.71
32	3	37.08	HACKETT	Kyle	VO2	M	20	72.64
113	4	37.19	DAMON	Peter	Un	M	41	75.22
180	5	38.19	DOWNEY	Aaron	Un	M	17	71.97
7	6	38.21	BROADLEY	David	Un	M	26	70.33
164	7	38.50	SMITH	Dean	Un	M	42	72.80
33	8	38.59	HORSEMAN	Jeff	Hamworthy Harriers	M	39	70.98
47	9	39.10	SKINNER	Reuben	Poole AC	M	38	70.16
37	10	39.15	HARPER	Robin	Un	M	28	68.72
177	11	39.23	TRENT	Alan	Egdon Heath Harriers	M	48	75.09
106	12	39.34	HORSLER	Steven	Un	M	42	71.45
39	13	39.35	SCOTT	Tom	Un	M	30	68.14
185	14	39.36	LOMAS	Robert	Un	M	22	68.11
68	15	40.29	GUPPY	Adam	Un	M	33	66.63
85	16	40.31	HANN	Mark	Yeovil TRRC	M	36	66.89
81	17	40.39	DAVIS	Stuart	Un	M	33	66.36
165	18	40.49	HULSON	Lizzie	Army AA	F	27	73.30
172	19	41.22	ORME	Richard	Egdon Heath Harriers	M	58	77.74
109	20	41.23	WHIFFEN	Graham	Wimborne AC	M	38	66.40
146	21	41.36	COX	David	Poole Runners	M	56	75.93
143	22	42.04	WHITE	Gary	Poole Runners	M	55	74.42
181	23	42.15	ARMSTRONG	Ryan	Un	M	17	65.27
69	24	42.19	MILES	Ian	Un	M	42	66.81
195	25	42.23	FOREST	Robert	Un	M	40	65.75
151	26	42.34	SCOTT	Geoffrey	Poole Runners	M	62	78.47
12	27	42.35	KEAN	Jon	Liverpool Harriers	M	33	63.34
128	28	42.40	BUNGAY	Ady	Un	M	39	64.86
82	29	42.44	JOHNSON	Andrew	Un	M	46	68.15
210	30	42.50	DAISH	Stephen	Poole Runners	M	53	71.87
199	31	43.08	SHEPPARD	Douglas	Bridport Runners	M	21	62.53
23	32	43.09	COUBROUGH	Tony	Un	M	46	67.49
129	33	43.19	BUNGAY	Fran	Un	F	34	69.07
150	34	43.34	DOMINEY	Alwyn	Poole Runners	M	61	75.91
2	35	43.47	INGARFIELD	Ivor	Un	M	36	61.90
209	36	43.50	PERKES	Lee	Un	M	52	69.65
211	37	43.51	GUY	Dan	Un	M	24	61.51
34	38	43.53	BRANFORD	Mark	Un	M	32	61.47
132	39	43.57	REED	Georgie	Poole Runners	F	31	68.07
162	40	44.11	JONES	Simon	Un	M	34	61.05
212	41	44.20	PHILLIPS	Robin	Un	M	47	66.19
130	42	44.21	CHRYSTIE	Mark	Un	M	30	60.82
148	43	44.31	WETHERILT	Timothy	Un	M	48	66.43
95	44	44.32	COVERLEY	Gail	Egdon Heath Harriers	F	54	79.38
175	45	44.44	WHEATMAN	Rachel	Un	F	18	67.70
59	46	44.48	STOWELL	Peter	Un	M	42	63.11
52	47	44.50	BRANFORD	Simon	Un	M	29	60.16
127	48	45.03	FOOT	Simon	Un	M	35	59.87
46	49	45.07	SMITH	Michael	Weymouth St Pauls	M	46	64.55
186	50	45.08	LOMAS	Steve	Un	M	58	71.25

134	51	45.10	CARVER	Charles	Un	M	32	59.72
120	52	45.10	HERBERT	Chas	Milton Keynes AC	M	57	70.56
86	53	45.12	WICKHAM	Graham	Un	M	60	72.46
38	54	45.16	DOVEY	James	Un	M	47	64.83
154	55	45.17	HELLIWELL	Benjamin	Un	M	25	59.57
184	56	45.20	HICKISH	Joseph	RRC	M	54	68.48
96	57	45.32	ROBINSON	John	Egdon Heath Harriers	M	44	63.01
75	58	45.35	BAKER	Ashley	Dorset Doddlers	M	39	60.71
11	59	45.40	CALLAGHAN	Frank	South West Vets AC	M	50	65.77
173	60	45.42	BRAYSHAW	Simon	Un	M	52	66.81
80	61	45.49	WILKINS	Richard	Un	M	43	62.16
73	62	45.52	BROMILOW	Phillip	Dorset Doddlers	M	47	63.98
158	63	45.52	RAFF	Tim	Un	M	0	58.81
208	64	45.54	BENNETT	Naomi	Bournemouth Joggers	F	47	72.16
88	65	46.08	WILD	David	Wimborne AC	M	59	70.34
3	66	46.16	INGARFIELD	Nicky	Un	F	39	66.92
169	67	46.28	HUNT	James	Un	M	16	59.94
171	68	46.29	HUNT	Thomas	Un	M	16	59.91
30	69	46.29	FIFE	Sam	Un	M	23	58.03
43	70	46.36	BLANCO	Carlos	Dorset Doddlers	M	44	61.56
61	71	46.38	OXLEY	Joel	Un	M	30	57.84
189	72	46.40	HUGHES	Helen	Poole AC	F	49	72.26
205	73	46.42	COWLEY	John	Dorset Doddlers	M	52	65.38
63	74	46.43	MILLS	Jane	Dorset Doddlers	F	41	67.36
118	75	46.45	STEVENS	Paul	Un	M	32	57.70
196	76	46.52	CONEY	Diane	Dorset Doddlers	F	47	70.68
36	77	46.57	PONTING	Greg	Un	M	56	67.27
55	78	47.06	SMITH	Patrick	Un	M	30	57.27
198	79	47.10	COOPER	Richard	Lytchett Manor Strds	M	41	59.51
77	80	47.10	TERRY	Mike	Littledown Harriers	M	57	67.57
145	81	47.19	YULE	Martin	Thanet RR	M	45	61.08
98	82	47.30	PEARSON	David	Wimborne AC	M	40	58.67
190	83	47.31	PATTON	Ian	Un	M	43	59.93
115	84	47.49	GREGORY	Lynne	Un	F	38	64.23
153	85	47.53	DAY	Julian	Gillingham Trotters	M	55	65.38
155	86	47.58	RAI	Jagatram	11 Sig Reg	M	27	56.23
159	87	48.15	WHITE	Jeff	Un	M	59	67.25
197	88	48.19	CHORLTON	Gordon	RMPAC	M	48	61.20
213	89	48.29	CLARK	Mark	Un	M	37	56.28
53	90	48.31	BRANFORD	Christopher	Un	M	61	68.17
1	91	48.53	ORRISS	David	Dorset Doddlers	M	52	62.46
51	92	48.59	WILLIAMS	Tom	Un	M	43	58.14
112	93	49.18	BETHELL	Richard	Un	M	28	54.71
65	94	49.21	BAYNE	Michael	Un	M	48	59.92
22	95	49.28	BECK	Chris	Dorset Doddlers	M	70	73.66
188	96	49.35	HUGHES	Martin	Poole AC	M	49	60.10
107	97	49.40	HEARNE	Nicholas	Un	M	42	56.92
207	98	49.41	HILL	Mark	Un	M	34	54.29
160	99	49.44	BAKER	John	Un	M	43	57.26
170	100	49.45	HUNT	Clive	Un	M	47	58.98
137	101	49.51	DAVISON	Thomas	Un	M	53	61.76
117	102	49.52	STANTON	Annette	Un	F	43	64.17

193	103	50.00	BURRIDGE	Ben	Gillingham Trotters	M	23	53.95
157	104	50.02	COVINGTON JONES	Peter	Forest of Dean AC	M	51	60.52
183	105	50.11	EVANS	Darin	Un	M	44	57.17
99	106	50.11	MOWLEM	Philip	Poole Runners	M	28	53.75
167	107	50.13	PHILP	Richard	Un	M	39	55.10
54	108	50.20	CHENEY	Michael	Poole Runners	M	52	60.66
87	109	50.22	HITCHING	Ian	Dorset Doodlers	M	43	56.54
50	110	50.28	CURTIS	Ronald	Dorset Doodlers	M	45	57.27
200	111	50.48	KNOX	Doug	Gillingham Trotters	M	51	59.61
25	112	50.57	POVEY	Mark	Un	M	27	52.94
60	113	51.03	EVANS	Wayne	Un	M	41	54.98
139	114	51.08	IRELAND	Esme	Winchester&D AC	F	54	69.13
94	115	51.20	MCMILLAN	Neil	Un	M	49	58.06
15	116	51.21	IBBOTSON	Lee	Motcombe Runners RC	M	40	54.27
176	117	51.26	HAYDEN	Alan	Gillingham Trotters	M	42	54.97
58	118	51.28	MURPHY	Helen	Un	F	35	58.28
101	119	51.34	GILLINGHAM	Terry	Un	M	44	55.63
5	120	51.35	GATEHOUSE	Peter	Un	M	54	60.18
29	121	51.39	FRASER	David	Un	M	50	58.15
161	122	51.39	JOHNSON	Christopher	Un	M	46	56.38
102	123	51.45	AMANDA	Strawn	Un	F	44	62.36
126	124	52.12	GRECH	Gilbert	Un	M	31	51.67
14	125	52.16	ELLIOTT	Kevin James	Un	M	30	51.61
70	126	52.21	CHITTOCK	Helen	Un	F	29	57.15
24	127	52.25	OPALKA	Richard	Un	M	37	52.06
74	128	52.34	BAKER	Rachel	Dorset Doodlers	F	41	59.87
19	129	52.34	BLIZZARD	Sean	Un	M	39	52.64
206	130	52.44	HITCHCOCK	Benjamin	Un	M	44	54.40
62	131	53.05	GLENN	Gordon	Gillingham Trotters	M	56	59.50
6	132	53.08	PEARCE	Kenneth	Un	M	61	62.25
111	133	53.10	NORMAN	Barry	Egdon Heath Harriers	M	67	66.22
16	134	53.17	BURGESS	Philip	Un	M	42	53.06
93	135	53.17	WEBB	Lauren	Poole Runners	F	19	56.52
187	136	53.26	WHITE	Craig	Dorset Doodlers	M	47	54.92
66	137	53.31	SHARRATT	Clint	Army AA	M	31	50.40
67	138	53.33	RIGBY	Tim	Army AA	M	37	50.96
56	139	53.39	RUFFLE	Diane	Bournemouth Joggers	F	49	62.85
201	140	53.44	RYAN	Ben	Un	M	43	53.00
156	141	53.57	LAWSON	George	Egdon Heath Harriers	M	70	67.53
9	142	54.18	WALLIS	Stephen	Un	M	58	59.22
10	143	54.37	PARTRIDGE	Peter	Un	M	50	55.00
4	144	55.09	GRAY	Sarah Jane	Un	F	39	56.14
136	145	55.24	LANGFORD	Jason	Un	M	35	48.69
203	146	55.24	DOVEY	Geofe	Lytchett Manor Strds	M	49	53.79
26	147	55.55	SCOPES	John	Un	M	38	49.14
31	148	56.02	FRASER	Mark	Un	M	22	48.14
135	149	56.03	BAILEY	Peter	Un	M	24	48.12
192	150	56.10	BURRIDGE	Jake	Gillingham Trotters	M	15	50.18
121	151	56.21	MILLARD	Paul	Dorset Doodlers	M	56	56.05
18	152	56.24	EMERY	Graham	Un	M	34	47.83
114	153	56.24	WEBSTER	Paul	Un	M	37	48.38
45	154	56.44	TUCKER	Richard	Un	M	48	52.12

178	155	57.15	THISTLEWOOD	Mark	Un	M	42	49.38
179	156	57.15	CHAMBERS	Stephanie	Un	F	38	53.65
28	157	57.21	JAMES	Kay	Un	F	43	55.80
35	158	57.21	HAWKER	Amala	Un	F	35	52.30
27	159	57.21	COURAGE	Linda	Un	F	46	57.25
152	160	57.40	MACKENZIE	Tim	Un	M	35	46.77
79	161	57.50	GUPPY	Clare	Un	F	27	51.73
71	162	57.56	HORSEY	Fern	Un	F	22	51.64
166	163	58.07	BERRY	Andrew	Dorset Doodlers	M	60	56.35
116	164	58.33	HORNE	Alan David	Un	M	52	52.15
168	165	58.33	BRADLEY	Maril	Un	M	46	49.74
122	166	58.35	PEACOCK	Steve	Un	M	53	52.55
125	167	58.38	BRINCAT	Roberta	Un	F	35	51.16
42	168	58.39	DICKER	Edwin	Un	M	44	48.91
57	169	58.48	FOX	Joan	Bournemouth Joggers	F	60	63.97
103	170	58.57	STACEY	Mary	Un	F	28	50.75
104	171	59.18	MULLINS	David	Un	M	41	47.33
142	172	59.20	BRADWELL	Carol	Lordshill RR	F	58	62.06
174	173	59.23	BRAYSHAW	Janet	Un	F	56	60.73
138	174	59.27	SPERRING	Alison	Un	F	40	52.50
97	175	59.59	PEARSON	Ann Marie	Wimborne AC	F	36	50.40
141	176	60.09	BROADHOUSE	Lizzie	Un	F	21	49.74
21	177	60.18	CANTY	Louise	Gillingham Trotters	F	52	57.50
91	178	60.46	STEPHENS	Lorraine	Un	F	44	53.10
105	179	61.14	ROBINSON	Roger	Un	M	42	46.17
133	180	61.19	PEACOCK	Suzy	Un	F	32	48.79
144	181	61.30	FORDHAM	Richard	Un	M	39	44.99
89	182	61.31	MASCALL	Craig	Un	M	38	44.67
90	183	61.33	BRIZLAND	Mark	Un	M	35	43.82
119	184	61.35	STEVENS	Samantha	Un	F	30	48.58
108	185	61.40	SHANNON	Lindsey	Dorset Doodlers	F	42	51.46
163	186	61.40	GOSS	Kim	Army AA	F	37	49.41
49	187	61.48	LAMB	Melanie	Un	F	46	53.13
76	188	61.57	DAVIDSON	Sandra	Un	F	42	51.22
191	189	62.00	KING	Ricky	Un	M	38	44.32
202	190	62.20	MILLARD	Louise	Un	F	20	47.99
123	191	63.05	GRINSTED	Sarab	Un	F	48	52.97
72	192	63.05	BARKER	Jennifer	Un	F	23	47.42
8	193	63.08	DEANE	Sue	Un	F	44	51.11
13	194	63.21	JAMES	Michael	Un	M	33	42.58
147	195	63.36	CHARNLEY	Diana	Salisbury	F	51	54.01
194	196	65.50	ANDREWS	Lizzie	Gillingham Trotters	F	26	45.44
140	197	65.58	FORD	Jane	Un	F	51	52.07
100	198	67.44	CLARK	Iain	Vegetarian CC	M	37	40.29
149	199	69.24	SANDFORD	Susan	RMPAC	F	31	43.11
44	200	70.21	BINNS	Philip	Un	M	53	43.76
92	201	75.38	FORD	Patsy	Un	F	48	44.18
41	202	75.38	MURPHY	Michael	Un	M	61	43.73